

# Banja laling'ono, umoyo wathanzi mboma la Nkhata Bay ndi Likoma

Banja la anthu ochepta limapindula mokwanila kuchokela ku zithandizo zosiyansiyana za mdziko zokhudza miyoyo yavo.

- Mu zaka makumi awiri zapitazi chiwerengero cha anthu mu mzinda wa Nkhata Bay ndi Likoma chachulukitsidwa: 3/5 mu Nkhata Bay kuchoka pa anthu 32 kufika pa anthu 53 komanso ka  $\frac{1}{4}$  ku Likoma, kuchoka pa anthu 455 kufika pa anthu 580 pa km<sup>2</sup> ili yonse.
- Nyumba zokhala anthu atatu (3) mwa nyumba zinayi (4) zili zones zili ndi potunga madzi a ukhondo pa makono.



**Nyumba zokhala anthu zisanu ndi zinayi (9) mwa nyumba khumi (10) zili zonse zimawilitsa ntchito nkhuni pophika; ndipo nyumba imodzi (1) yokha mwa nyumba khumi ndi asanu ndi atatu (18) zili ndi magetsi.**

**Amayi amodzi (1) okha mwa amayi makumi awiri (20) aliwонse; komanso abambo amodzi (1) mwa azibambo asanu ndi atatu (8) aliwонse ndi amene amamaliza maphunziro awo a ku sekondale.**

- Amayi atatu (3) mwa amayi anayi (4) aliwонse komanso abambo anayi (4) mwa abambo asanu (5) aliwонse amadziwa kulemba, kuwelenga ndi kuwelengera.
- Amayi amodzi (1) mwa amayi asanu ndi anayi (9) aliwонse komanso abambo amodzi (1) mwa abambo khumi ndi anayi (14) aliwонse sali pa ntchito iliyonse yolembedwa.
- Amayi atatu (3) mwa amayi anayi (4) aliwонse amavutika kwambiri kupeza chithandizo cha mankhwala akadwala chifukwa zipatala zoyandikila ndi kumene amakhala zili kutali kwambiri.

## Ubwino wotsatira njira za kulera

Banja likakhala ndi ana ochepta, zimathandiza makolo a anawa kuwaphunzitsa mokwanila ana awo ndipo chifukwa choti aphunzira bwino, anawa amakhala ndi mwayi wopeza ntchito zabwino mtsogolo. Kuchepetsa kachulukidwe ka anthu mdziko kumathandiza boma ndi mabungwe othandiza boma kukonzekera bwino pa ntchito zopititsa umoyo wa anthu patsogolo monga kuhala ndi madzi a ukhondo, ntchito za umoyo komanso za mtengatenga.

## Banja la anthu ochepta limakhala ndi mayi wa moyo wathanzi komanso banjalo limakhala losangalala



**Amayi amabeleka ana asanu (5) pa moyo wao wonse koma amaonetsa chidwi chobeleka ana anayi (4) wokha pa moyo wao wonse.**

**Amayi amodzi (1) mwa amayi anayi (4) aliwонse a zaka za pakati pa khumi ndi zisanu (15) ndi zaka khumi ndi zisanu ndi zinayi (19) ayamba kale kubeleka ana.**

- Amayi amodzi (1) mwa amayi asanu (5) aliwонse amabelekela kunyumba osati kuchipatala.
- Amayi awiri (2) mwa amayi asanu (5) aliwонse omwe ali pa banja amatsata njira za kulera; ndipo amayi amodzi (1) mwa amayi anayi (4) aliwонse amatsa njira zolererazi kuti asabeleke ana ambiri.
- Amayi amodzi (1) mwa amayi khumi (10) aliwонse komanso abambo amodzi (1) mwa abambo khumi (10) aliwонse amakhulupilara kuti ndi zovomelezeka kuti mamuna akhoza kumenya mkazi wake nthawi zina.

## Ubwino wotsatira njira za kulera

Amayi amodzi (1) mwa amayi asanu ndi amodzi (6) aliwонse a zaka zapakati pa khumi ndi zasanu (15) ndi makumi anayi ndi zisanu ndi zinayi (49) amamwalira pa nthawi yobeleka mwana. Kutsatila njira za kulera kumathandiza amayi omwe ndi achichepeleko kutenga nthawi asanakhale ndi mimba (pathupi) ndipo kutenga nthaw chonchi kumathandiza kuti asapeze mavuto mthupi mwawo omwe amadza chifukwa chobeleka akadali ang'ono. Amayi ngati akhala ndi ufulu wosankha nthawi yoti abeleke komanso kusianitsa zaka za ana obelekedwa zimawathandiza kuti akhala ndi moyo wathanzi. Ana omwe amayi awo anamwalira nthawi zambiri samamaliza maphunziro awo ku sukulu.

## Banja la anthu ochepta ana ake amakula bwino komanso amakhala ndi moyo wathanzi

- Mwana mmodzi (1) mwa ana asanu ndi atatu (8) aliwонse wochepera zaka zisanu (5) amakhala ndi thupi lopelewela losagwilizana ndi msinkhu wawo..

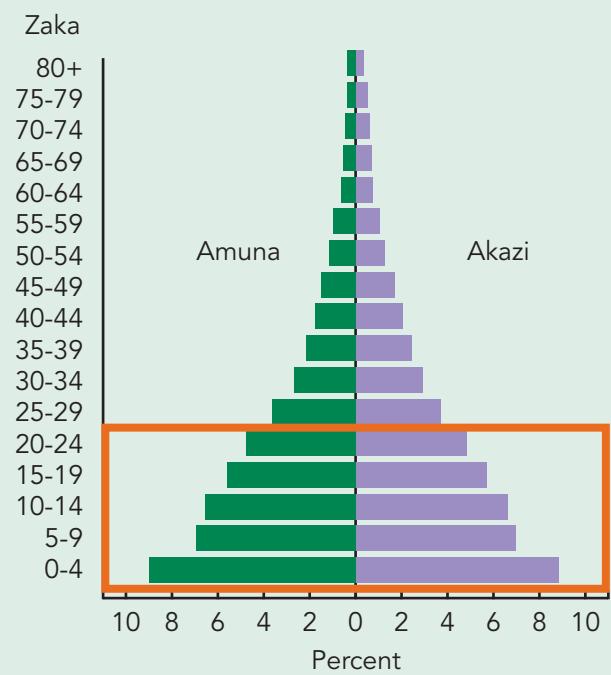


**Mwana mmodzi (1) mwa ana awiri (2) aliwонse wochepera zaka zisanu (5) amakhala wopinimbira.**

## Ubwino wotsatira njira za kulera

Kutsatila njira za kulera kumathandiza ma banja kuti ana awo akule ndi moyo wathanzi komanso kutha kuonetsetsa kuti pakupita nthawi yokwanila bwino pamene mwana wabadwa ndi nthawi yomwe mwana wina akudzabadwanso mbanjamo. Ana obadwa mosiyana ndi zaka zitatu kapena kuptilira apo amakhala ndi mwayi wokhala moyo wochuluka kwambiri kuposa ana omwe abadwa mosiyana ndi zaka ziwiri kapena kuchepela apo. Makolo omwe ali ndi ana ochepta amasamalira bwino ana awo ndi kuwapatsa zakudya zokwanila.

Anthu awiri mwa anthu atatu aliwонse mbomali ali ndi zaka zosapitilira makumi awiri ndi zisanu (25)



Source: National Statistical Office of Malawi, Population Projections Malawi.



**Mdziko la Malawi, amayi amodzi amamwalira pobeleka ana pa ma ola awiri aliwонse.**



**Ku Nkhata Bay mwana wakhanda mmodzi (1) wosakwana chaka chimodzi amamwalira ma ola khumi ndi awiri (12) aliwонse. Ku Likoma, mwana wakhanda mmodzi (1) wosakwana chaka chimodzi amamwalira paka pita ma misku khumi ndi awiri ndi ½.**



**Pa ma ola asanu ndi atatu (8) aliwонse mwana mmodzi wosakwanitsa zaka zisanu amamwalira mu Nkhata Bay. Ku Likoma, mwana mmodzi wosakwanitsa zaka zisanu amamwalira paka pita masiku khumi (10) aliwонse.**