

Banja laling'ono, umoyo wathanzi mboma la Rumphi

Banja la anthu ochepta limapindula mokwanila kuchokela ku zithandizo zosiyansiyana za mdziko zokhudza miyoyo yavo.

- Mu zaka makumi awiri zapitazi chiwerengero cha anthu mu mzinda wa Rumphi chachulukitsidwa ¾ kuchoka pa anthu makumi awiri (20) kufika pa anthu makumi atatu ndi asanu (35) pa km2 ili yonse.
- Nyumba zokhala anthu zisanu ndi mmodzi (6) mwa nyumba zisanu ndi ziwiri (7) zili zones zili ndi potunga madzi a ukhondo pa makono.



Nyumba zokhala anthu zisanu ndi zinayi (9) mwa nyumba khumi (10) zili zonse zimagwilsita ntchito nkhuni pophika; ndipo nyumba imodzi (1) yokha mwa nyumba khumi ndi anayi (14) zili ndi magetsi.

Amayi amodzi (1) okha mwa amayi khumi (10) aliwonse; komanso abambo amodzi (1) mwa azibambo asanu (5) aliwonse ndi amene amamaliza maphunziro awo a ku sekondale.

- Amayi asanu ndi mmodzi (6) mwa amayi asanu ndi awiri (7) aliwonse komanso abambo asanu ndi mmodzi (6) mwa abambo asanu ndi awiri (7) aliwonse amadziwa kulemba, kuwelenga ndi kuwelengera.
- Amayi amodzi (1) mwa amayi anayi (4) aliwonse komanso abambo amodzi (1) mwa abambo makumi awiri (20) aliwonse sali pa ntchito iliyonse yolembedwa.
- Amayi amodzi (1) mwa amayi atatu (3) aliwonse amavutika kwambiri kupeza chithandizo cha mankhala akadwala chifukwa zipatala zoyandikila ndi kumene amakhala zili kutali kwambiri.

Ubwino wotsatira njira za kulera

Banja likakhala ndi ana ochepta, zimathandiza makolo a anawa kuaphunzitsa mokwanila ana awo ndipo chifukwa choti aphanzira bwino, anawa amakhala ndi mwayi wopeza ntchito zabwino mtsogolo. Kuchepetsa kachulukidwe ka anthu mdziko kumathandiza boma ndi mabungwe othandiza boma kukonzekera bwino pa ntchito zopititsa umoyo wa anthu patsogolo monga kuhala ndi madzi a ukhondo, ntchito za umoyo komanso za mtengatenga.

Banja la anthu ochepta limakhala ndi mayi wa moyo wathanzi komanso banjalo limakhala losangalala



Amayi amabeleka ana asanu (5) pa moyo wao wonse koma amaonetsa chidwi chobeleka ana anayi (4) wokha pa moyo wao wonse.

Amayi amodzi (1) mwa amayi anayi (4) aliwonse a zaka za pakati pa khumi ndi zisanu (15) ndi zaka khumi ndi zisanu ndi zinayi (19) ayamba kale kubeleka ana.

- Amayi amodzi (1) mwa amayi khumi ndi zisanu (15) aliwonse amabelekela kunyumba osati kuchipatala.
- Amayi atatu (3) mwa amayi asanu (5) aliwonse omwe ali pa banja amatsata njira za kulera; ndipo amayi amodzi (1) mwa amayi atatu (3) aliwonse amatsa njira zolererazi kuti asabeleke ana ambiri.
- Amayi amodzi (1) mwa amayi anayi (4) aliwonse komanso abambo amodzi (1) mwa abambo asanu ndi mmodzi (6) aliwonse amakhulupilira kuti ndi zovomelezeka kuti mamuna akhoza kumenya mkazi wake nthawi zina.

Ubwino wotsatira njira za kulera

Amayi amodzi (1) mwa amayi asanu ndi amodzi (6) aliwonse a zaka zapakati pa khumi ndi zasanu (15) ndi makumi anayi ndi zisanu ndi zinayi (49) amamwalira pa nthawi yobeleka mwana. Kutsatila njira za kulera kumathandiza amayi omwe ndi achichepeleko kutenga nthawi asanakhale ndi mimba (pathupi) ndipo kutenga nthawi chonchi kumathandiza kuti asapeze mavuto mthupi mwawo omwe amadza chifukwa chobeleka akadali ang'ono. Amayi ngati akhala ndi ufulu wosankha nthawi yoti abeleke komanso kusianitsa zaka za ana obelekedwa zimawathandiza kuti akhala ndi moyo wathanzi. Ana omwe amayi awo anamwalira nthawi zambiri samamaliza maphunziro awo ku sukulu.

Banja la anthu ochepta ana ake amakula bwino komanso amakhala ndi moyo wathanzi

- Mwana mmodzi (1) mwa ana khumi ndi zisanu (15) aliwonse wochepera zaka zisanu (5) amakhala ndi thupi lopelewela losagwilizana ndi msinkhu wawo.



Ana awiri (2) mwa ana asanu (5) aliwonse wochepera zaka zisanu (5) amakhala wopinimbira.

Ubwino wotsatira njira za kulera

Kutsatila njira za kulera kumathandiza ma banja kuti ana awo akule ndi moyo wathanzi komanso kutha kuonetsetsa kuti pakupita nthawi yokwanila bwino pamene mwana wabadwa ndi nthawi yomwe mwana wina akudzabadwano mbanjamo. Ana obadwa mosiyana ndi zaka zitatu kapena kuptilira apo amakhala ndi mwayi wokhala moyo wochuluka kwambiri kuposa ana omwe abadwa mosiyana ndi zaka ziwiri kapena kuchepela apo. Makolo omwe ali ndi ana ochepta amasamalira bwino ana awo ndi kuwapatsa zakudya zokwanila.

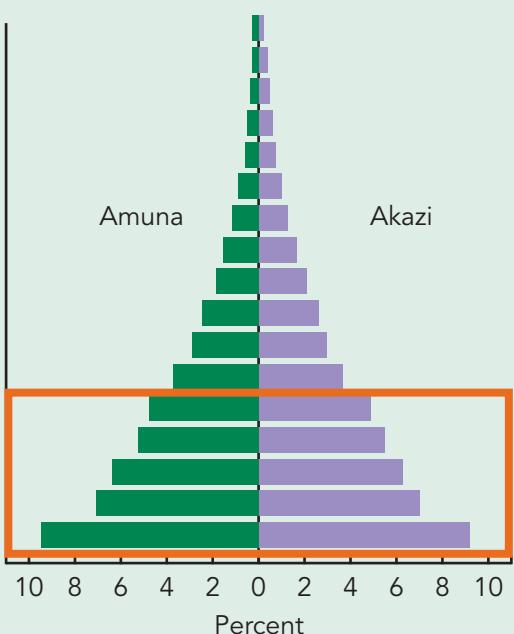
Anthu awiri mwa anthu atatu aliwонse mbomali ali ndi zaka zosapitilira makumi awiri ndi zisanu (25)

Zaka

80+
75-79
70-74
65-69
60-64
55-59
50-54
45-49
40-44
35-39
30-34
25-29
20-24
15-19
10-14
5-9
0-4

Amuna

Akazi



Source: National Statistical Office of Malawi, Population Projections Malawi.



Mdziko la Malawi, amayi amodzi amamwalira pobeleka ana pa ma ola awiri aliwonse.



Mwana wakhanda mmodzi (1) wosakwana chaka chimodzi amamwalira ma ola makumi awiri ndi anayi (24) aliwonse.



Pa ma ola khumi ndi awiri (12) aliwonse mwana mmodzi wosakwanitsa zaka zisanu amamwalira.