Family Planning (FP) Budget Increased but Remains Small Share of Health Budget

- 72% of women wish to prevent pregnancy in Mityana.
- Family Planning Funds Are Not Sufficient in:
  - Combined Oral Contraceptive Pills
  - Implants
  - IUDs
  - Female Condoms
  - Male Condoms
  - Progestin-Only Injections
  - Combined Injections
  - Progestin-Only Contraceptive Pills

FP Commodity Stockouts Are a Challenge in Mityana

<table>
<thead>
<tr>
<th>FP Commodity Stockouts</th>
<th>New Stock</th>
<th>Out of Stock</th>
</tr>
</thead>
<tbody>
<tr>
<td>Combined Oral Contraceptive Pills</td>
<td>80%</td>
<td>20%</td>
</tr>
<tr>
<td>Implants</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>IUDs</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>Female Condoms</td>
<td>60%</td>
<td>40%</td>
</tr>
<tr>
<td>Male Condoms</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>Progestin-Only Injections</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>Combined Injections</td>
<td>40%</td>
<td>60%</td>
</tr>
<tr>
<td>Progestin-Only Contraceptive Pills</td>
<td>60%</td>
<td>40%</td>
</tr>
</tbody>
</table>

Women face cultural and service delivery barriers

- Fear of side effects
- Opposition from their partners
- Cultural and religious disapproval
- Misconceptions and myths
- Inadequate health provider skills
- Long distance
- High service costs

Teenage pregnancy rates in Uganda, by education level

- Median age at:
  - First Sex: 17
  - First Marriage: 19.5
  - First Birth: 20
  - First Contraceptive Use: 23

- More than a third of teenage mothers have not completed their education

Providing adolescents with contraception can:

- Help young women stay in school.
- Support young women’s economic development.
- Promote healthier planned pregnancies and births.

District officials in Mityana should

- Allocate more funds for FP service provision and ensure a steady supply.
- Ensure FP outreach services cover all community members.
- Accelerate implementation of youth-friendly FP policies.
Family Planning Funds Are Not Sufficient in:

References


FIGURES

FP BUDGET ALLOCATIONS INCREASED BUT REMAIN SMALL SHARE OF HEALTH BUDGET
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