KABALE DISTRICT

Improve Youth-Friendly Health Services

SIX MONTH LATER…

Oh no! I’m pregnant.

Without access to family planning, many young women in Kabale District experience unplanned pregnancies.

Girls who stay in school longer are less likely to become pregnant early.

Health care providers who receive youth-friendly service training treat young people with respect and support their needs. Young people become more comfortable seeking services and more likely to access family planning.

16% of women ages 15-19 have begun childbearing.

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Teenage girls who have begun childbearing

No education: 35%
Primary school: 29%
Secondary school: 17%
More than secondary schooling: 11%
With greater access to family planning, more young people in Kabale District can avoid unplanned pregnancies, stay in school longer, and contribute more to the economy as adults.

Sources:
- Uganda Bureau of Statistics (UBOS) and ICF, Uganda Demographic and Health Survey 2016 (Kampala, Uganda and Rockville, MD: UBOS and ICF, 2018).

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**DECISIONMAKERS SHOULD:**
- Prioritize funding for public-sector health care providers’ training on youth-friendly services in the 2020-2021 district budget.
- Include youth-friendly services training in health care providers’ existing refresher trainings.
- Educate communities on the importance of making health facilities youth-friendly.

Let me tell you about the different family planning methods.

**IF PROVIDERS WERE TRAINED...**

Decisionmakers have a responsibility to ensure that all health services in Kabale District are youth-friendly.