

## Reflection Questions

### Audio or Video Testimonials From Women and Young People With Disabilities

#### Instructions

You are invited to submit a video or audio testimonial that may be included in a new multimedia presentation underway through the We Decide project. Please choose from the list of reflection questions below when creating your testimonial. Submissions should be no more than five minutes long. Fill-in-the-blank statements should be read as they are written with your answer and unique perspective in the “fill-in-the-blank” portion of the statement.

#### General Questions

1. Please introduce yourself: name, age, profession (if applicable).
2. As a person with a disability, I want others to know \_\_\_\_\_ (fill in the blank).

#### Questions About Sexual and Reproductive Health

3. Tell us about your experiences accessing or attempting to access sexual and reproductive health services and/or information.
  - a. [Alternative format] When I try to access sexual and reproductive health information and services I feel \_\_\_\_\_ (fill in the blank).
  - b. [Alternative format] Without access to quality information about sexual and reproductive health, I am not able to \_\_\_\_\_. If I had full access, I would be able to \_\_\_\_\_ (fill in the blank).
4. If you had a government decisionmaker in front of you, what would you say to encourage them to prioritize sexual and reproductive health information and services for women and young people with disabilities?

### Questions About Gender-Based Violence

5. What are some barriers people with disabilities in your community face when trying to access information about gender-based violence prevention or violence response services?
6. What is one recommendation you have for the government that would improve access to gender-based violence prevention and response resources for women and young people with disabilities?
  - a. [Alternative format]: I believe government should \_\_\_\_\_ to better support people with disabilities who are survivors of violence (fill in the blank).

### Inclusion and Partnerships Questions

7. What should decisionmakers do to better include persons with disabilities in policymaking and program design?
  - a. [Alternative format] To be an equal partner in decisionmaking and program design, I need \_\_\_\_\_ (fill in the blank).
  - b. [Alternative format] I want policymakers to \_\_\_\_\_ (fill in the blank).
  - c. [Alternative format] I want donors to \_\_\_\_\_ (fill in the blank).
  - d. [Alternative format] I want service providers to \_\_\_\_\_ (fill in the blank).
  - e. [Alternative format] I want \_\_\_\_\_ to \_\_\_\_\_ (fill in the blank).
8. Is there anything else you would like to share about yourself or this subject?